

*[Rea] always expects the most you can give,
and that drives you even further than you thought you could go
because you want to make him proud.*
— Cage Cap Goalkeeper J. McCabe

Cage Cap's director is Tommy Rea (pronounced "Ray"). Rea has been a water polo goalkeeper for over 29 years. He has the privilege of working with goalkeepers and coaches from across the nation and at all levels of competition.

Among other things, breaking down fundamental goalkeeping skills into cognizable steps and training on those skills in the water alongside goalkeepers is central to Rea's approach. So is Rea's flexibility in integrating goalkeeper-specific training and defensive tactics into the larger team setting when working with a water polo program's coaching staff.

He is a 1998 graduate of Boston College where he played NCAA Division I water polo. Rea was the Eagles' starting goalkeeper all four years of his collegiate career.

In addition to being elected co-captain his junior and senior years, Rea was named rookie of the year (1995); most valuable player (1996); defensive player of the year (1996); outstanding team leader (1997); and outstanding senior (1998). He is the Boston College single-season Division I record holder for quarters played in goal; total saves; and one-on-one saves.

Rea was also recognized as an Academic All-American and served two years as assistant coach to the Boston College women's club water polo team.

Prior to college, Rea attended Saint Louis University High School and was a member of the Daisy water polo club. He was a two-time member of the United States Water Polo Olympic Development Midwest Zone Team; an all-district first team goalkeeper for both deep and shallow goals; and goalkeeper on two Missouri high school championship teams.